



MENTAL HEALTH RESOURCES

For DREAMers &
Undocu Families
in Houston

MENTAL HEALTH SERVICE PROVIDERS

Dr. William July, Licensed Psychologist

718.993.7751

10900 Northwest Freeway
Suite 205
Houston, TX 77092

[Website](#)

The Alliance Wellness Center

713.554.1890

6440 Hillcroft Ave
Suite 304
Houston, TX 77081

[Website](#)

CRISIS ASSISTANCE

Crisis Intervention of Houston, Inc-

713.468.5463

Crisis Text Line

Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor

National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones at 1-800-273-8255 or [online](#).

COVID19 Emotional Support Hotline (Non-Emergency)

People who are feeling worry/anxiety/stress and just need a warm voice to talk to. Please Call 833-251-7544.

Crisis Intervention (Spanish Hotline)

713.526.8088

The Harris Center

The Harris Center offers a 24/7 crisis hotline at 713-970-7000 option 1.

SAMHSA's National Disaster

Distress Hotline

The SAMHSA National Disaster Distress Hotline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. 1-800-273-8255 or [online](#).

SLIDING SCALE COUNSELING SERVICES & SUPPORT GROUPS

Avenue 360

713.426.0027

[Multiple Locations](#)

[Website](#)

Baylor Psychiatry Clinic

713.798.4857

1977 Butler Blvd
Houston, TX 77030

[Website](#)

Bo's Place

713-942-8339

10050 Buffalo Speedway
Houston, TX 77054

[Website](#)

Catholic Charities Contact Family Counseling

713-874.6602 | 713.874.6502 | 713.874.6590

2900 Louisiana St.
Houston, TX 77006

[Website](#)

El Centro de Corazon

713-660-1880

[Multiple Locations](#)

[Website](#)

Family Services of Greater Houston

713-861-4849

4625 Lillian St.
Houston, TX 77007

[Website](#)

Hope Clinic

713.773.0803

[Multiple Locations](#)

[Website](#)

Hope and Healing Center

713-871-1004

717 Sage Rd.
Houston, TX 77056

[Website](#)

Hope and Healing Center

713-871-1004

717 Sage Rd.
Houston, TX 77056

[Website](#)

Legacy Community Health Services

832.548.5100 | 832.548.5000

[Multiple Locations](#)

[Website](#)

Mental Health Association of Greater Houston

713-521.0110

2211 Norfolk
Suite 810
Houston, TX 77098

[Website](#)

UH Clear Lake Psychological Services Clinic

281.283.3330

Arbor South
2700 Bay Area Blvd, Box 83
Houston, TX 77058

[Website](#)

SLIDING SCALE COUNSELING SERVICES & SUPPORT GROUPS (CONT'D)

UH Psychology Research & Services Center

713.743.8600

4733 Wheeler Ave.
Houston, TX 77004

[Website](#)

Sam Houston State University Psychological Services Center

936.294.1210

1528 Avenue J
Huntsville, TX 77341

[Website](#)

Sam Houston State University Counseling Center

936.294.1720

1608 Avenue J
Box 209
Huntsville, TX 77341

[Website](#)

Texas Children's Hospital Trauma and Grief Center

832.822.3829

6701 Fannin St.
(Wallace Tower, Floor 16)
Houston, TX 77030

[Website](#)

ADDITIONAL RESOURCES

[COVID-19 Houston Resource Pack](#)

[National Latinx Psychological Association](#)

[Mental Health America of Greater Houston \(MHA\) Guide](#)

[Mental Health in the Post-DACA Era: Building Strength in Undocumented Latinxs, DACA Recipients and Those who Love Them](#)

[Psychological Immigration 101 - American Psychological Association](#)

[Mental Health for Immigrant and Refugees Project - Information](#)

[Mental Health Access Resources - UWD UndocuHealth](#)

[Know Your Rights: Is it Safe to Apply for Health Insurance or Seek Healthcare?](#)

[Surviving and Resisting Hate: A Toolkit for People of Color](#)

[Training - Basics for Identifying Mental Health Needs](#)

[United We Dream - UndocuHealth Wellness](#)

[United We Dream - UndocuHealth Mental Wellness Toolkit](#)